



STRONG HERITAGE | STRONG FUTURE
RHONDDA CYNON TAF
LLEU CALYBETH GADYRN | LLEU FFLUR SIŊR

NATIONAL STANDARDS CYCLE TRAINING

Dear Parent/Guardian

SCHOOL.....

TRAINING DATES.....

Your school has been chosen from a number of schools within RCTCBC to receive National Standards Cycle Training. This training is designed to give children aged 10 and over the skills to negotiate a safe cycle journey to and from school or to a known place of leisure.

Children enjoy cycling and of course it brings many health benefits, develops confidence and gives them independence. Trained children are much safer and tend to cycle more often. The training is promoted by RCTCBC road safety, delivered by Gethin Mtb and funded by Welsh Government.

The training is only offered to a maximum of 24 children who must be accomplished cyclists able to ride one handed with either hand – the children are expected to carry out indicating manoeuvres on sometimes busy roads. Our aim is not to teach your child how to ride but to develop existing skills.

Your child must provide;

A ROADWORTHY BIKE – pumped up tyres, front and rear working brakes, working gears if present and most importantly a cycle that is the correct size.

A Cycle Helmet – correct fitment and suitable for the purpose (skateboard helmets are unsuitable)

Suitable clothing – training will take place in all reasonable weather conditions therefore wet weather gear (showerproof jacket), gloves or sometimes shorts or lighter garments may be more appropriate.

Nutrition - please provide a small snack as the training can be quite intensive

WE RESERVE THE RIGHT TO REFUSE TRAINING IF ANY OF THE ABOVE IS NEGLECTED

If you wish your child to be involved in the above training please complete the rear of this letter and return it to your class teacher no later than the first day of training. Spaces are limited to a first come first trained basis.

Yours sincerely

Head Teacher

PARENT / GUARDIANS NAME.....

CHILD'S NAME.....

TRAINING IS ONLY AVAILABLE TO CHILDREN IN YEAR SIX

I confirm that the above child can / cannot confidently ride a bike with one hand

I would like/ would not like the above child to take part in cycle training

I can / cannot provide a roadworthy bike

I can / cannot provide a suitable helmet

I can / cannot provide suitable clothing

I can / cannot provide a small snack

I am happy / not happy to leave my childs bike in the school overnight during training

SIGNATURE.....

DATE.....

CONTACT TELEPHONE NUMBER.....

PLEASE COMPLETE AND RETURN BEFORE THE FIRST DAY OF TRAINING

