

**Peidiwch â'i anwybyddu.
Gwnewch y peth cywir.**

Mae Pawb Yn Gyfrifol Am Ddiogelu Plant Ac Oedolion

P'un a ydych chi'n gweithio mewn ysgol, swyddfa, depo, neu allan yn y gymuned, efallai y byddwch chi'n gweld neu'n clywed rhywbeth sydd angen gweithredu arno. Mae amddiffyn plant, pobl ifainc ac oedolion sydd mewn perygl yn dechrau gyda CHI.

Os ydych chi'n amau bod rhywun mewn perygl:



**Don't ignore it.
Do the right thing.**

Safeguarding is Everyone's Responsibility

Whether you work in a school, office, depot, or out in the community, you might see or hear something that needs action. Protecting children, young people and adults at risk starts with YOU.

If you suspect that someone is at risk:



Adnabod yr arwyddion – gallai'r rhain gymrywys newidiadau mewn ymddygiad, ymddangosiad, armodau byw, neu rywbeth mae rhywun yn ei ddweud.



Ymateb yn briodol os oes angen: gwrandewch heb farru, byddwch yn sensitif, ac osgoi gwneud adlewyrddion o gyfrinachedd. Mae gyda chi ddyletswydd gyfreithiol i drosglwyddo'r wybodaeth ac mae angen i'r unigolyn wybod hyn.



Rhoi gwybod am y pryder i'r garfan diogelu ddyndedig heb oedi.



Recognise the signs – these might include changes in behaviour, appearance, living conditions, or something someone says.



Respond appropriately if needed: listen without judgement, be sensitive, and avoid making promises of confidentiality. You have a legal duty to pass the information on and the individual needs to know this.



Report the concern without delay to the designated safeguarding team.

Rhoi Gwybod am Bryder:

Plant: [01443 425006](mailto:01443425006) | CarfanGCC@rctcbc.gov.uk

Oedolion mewn Perygl: [01443 425003](mailto:01443425003) | Oedolionmewnperygyl@rctcbc.gov.uk
Y tu allian i oriau swyddfa: [01443 743665](tel:01443743665) | CarfanArDdyletswyddGwaithCymdeithasol@rctcbc.gov.uk

Os yw plentyn, person ifanc neu oedolyn mewn perygl uniongyrchol o niwed, yna rhaid i chi gysylltu â'r Gwasanaethau Brys drwy ffonio 999 ac yna dilyn dulliau adrodd arferol y Cyngor. Rhaid i ddiogelwch uniongyrchol yr unigolyn fod yn flaenoriaeth bob amser.

Am ragor o wybodaeth am eich cyfrifoldebau, adroddi, ac adnabod arwyddion o gam-drin, esgusustod a chamfanteisio, ewch i: www.rctcbc.gov.uk/DiogelUeRall

Report a Concern:

Children: [01443 425006](mailto:01443425006) | IAATeam@rctcbc.gov.uk

Adults at Risk: [01443 425003](mailto:01443425003) | adultsatrisk@rctcbc.gov.uk
After hours: [01443 743665](tel:01443743665) | SocialWorkEmergencyDutyTeam@rctcbc.gov.uk

If a child, young person or adult is at immediate risk of harm, then you must contact Emergency Services by ringing 999 then follow the Council's usual reporting methods. The individual's immediate safety must always be the priority.

For further information on your responsibilities, reporting, and spotting signs of abuse, neglect and exploitation, visit: www.rctcbc.gov.uk/SafeguardingOthers

