

2025

Chwaraeon RhCT
Sport RCT



Join us for a... Summer of Fun

WEEK 1:
21st - 24th July

Monday 21st

10am - 2pm

Ride a Bike Day
Cwm Cycling Cynon
Aberdare
All ages
FREE

11am - 3pm

Girls Football Camp
Aberdare
GIRLS: 5-11 years
FREE

2pm - 4pm

Family Sports Session
Tylorstown
2-12 years (+ family)
FREE

Tuesday 22nd

9am - 9:45am
AND
9:45am - 10:30am
Sports Tots
Aberdare
2-5 years **£2**

10am - 11am
Football Camp
Pontypridd
4-5 years **FREE**

11am - 12pm
Girls Football
Pontypridd
GIRLS: 6-9 years **FREE**

10:30am - 12:30pm
Disability Multi Sports
Aberdare
8-16 years **£3**

1pm - 3pm
Multi Sports Camp
Aberdare
6-12 years **£3**

4pm - 5pm
Family Racquet Sports
Abercynon
8-14 years (+ family) **£2**

Wednesday 23rd

9am - 9:45am
Sports Tots
Ystrad
2-5 years **£2**

10:30am - 12:30pm
Disability Multi Sports
Ystrad
8-16 years **£3**

1pm - 3pm
Multi Sports Camp
Ystrad
6-12 years **£3**

4pm - 5pm
Family Racquet Sports
Ystrad
8-14 years (+ family) **£2**

5pm - 5:45pm
Fun, Family & Fitness
Abercynon
6+ **£4.20**

6:30pm - 8:30pm
Junior Darts
Tonypandy
8-16 years **FREE**

Thursday 24th

9am - 9:45am
Sports Tots
Pontyclun
2-5 years **£2**

10:30am - 12:30pm
Disability Multi Sports
Pontyclun
8-16 years **£3**

1pm - 3pm
Multi Sports Camp
Pontyclun
6-12 years **£3**

2pm - 4pm
Steve Tottle Taekwondo Kids Activity Club
Llanharan
6-11 years **£5**

4pm - 5pm
Family Racquet Sports
Pontyclun
8-14 years (+ family) **£2**

BOOKING IS ESSENTIAL

Scan the QR code



OR for full details visit:

www.rctcbc.gov.uk/

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WEEK 2:
28th - 31st July

Monday 28th

10am - 1pm
Hockey Camp
Hawthorn
6-12 years
FREE

10am - 2pm
Ride a Bike Day
Cwm Cycling Cynon
Aberdare
All ages
FREE

10:30am - 11:30am
**Fun, Family
& Fitness**
Tonyrefail
6+ **£4.20**

2pm - 4pm
**Family Sports
Session**
Mountain Ash
2-12 years (+ family)
FREE

Tuesday 29th

9am - 9:45am
Sports Tots
Aberdare
2-5 years **£2**

9:45am - 10:30am
Sports Tots
Aberdare
2-5 years **£2**

10:30am - 12:30pm
**Disability
Multi Sports**
Aberdare
8-16 years **£3**

1pm - 3pm
**Multi Sports
Camp**
Aberdare
6-12 years **£3**

4pm - 5pm
**Family Racquet
Sports**
Abercynon
8-14 years (+ family)
£2

Wednesday 30th

9am - 9:45am
Sports Tots
Ystrad
2-5 years **£2**

10:30am - 12:30pm
**Disability
Multi Sports**
Ystrad
8-16 years **£3**

1pm - 3pm
**Multi Sports
Camp**
Ystrad
6-12 years **£3**

4pm - 5pm
**Family Racquet
Sports**
Ystrad
8-14 years (+ family) **£2**

5pm - 5:45pm
**Fun, Family
& Fitness**
Abercynon
6+ **£4.20**

Thursday 31st

9am - 9:45am
Sports Tots
Pontyclun
2-5 years **£2**

10:30am - 12:30pm
**Disability
Multi Sports**
Pontyclun
8-16 years **£3**

1pm - 3pm
**Multi Sports
Camp**
Pontyclun
6-12 years **£3**

2pm - 4pm
**Steve Tottle
Taekwondo Kids
Activity Club**
Llanharan
6-11 years **£5**

4pm - 5pm
**Family Racquet
Sports**
Pontyclun
8-14 years (+ family) **£2**

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WEEK 3:

4th - 7th August

Monday 4th

10am - 2pm
Ride a Bike Day
Cwm Cycling Cynon
Aberdare
All ages
FREE

10:30am - 11:30am
Fun, Family & Fitness
Tonyrefail
6+ **£4.20**

2pm - 4pm
Family Sports Session
Rhydyfelin
2-12 years (+ family)
FREE

Tuesday 5th

9am - 9:45am
Sports Tots
Aberdare
2-5 years **£2**

9:45am - 10:30am
Sports Tots
Aberdare
2-5 years **£2**

10:30am - 12:30pm
Disability Multi Sports
Aberdare
8-16 years **£3**

1pm - 3pm
Multi Sports Camp
Aberdare
6-12 years **£3**

4pm - 5pm
Family Racquet Sports
Abercynon
8-14 years (+ family)
£2

Wednesday 6th

9am - 9:45am
Sports Tots
Ystrad
2-5 years **£2**

10:30am - 12:30pm
Disability Multi Sports
Ystrad
8-16 years **£3**

1pm - 3pm
Multi Sports Camp
Ystrad
6-12 years **£3**

4pm - 5pm
Family Racquet Sports
Ystrad
8-14 years (+ family) **£2**

5pm - 5:45pm
Fun, Family & Fitness
Abercynon
6+ **£4.20**

Thursday 7th

9am - 9:45am
Sports Tots
Pontyclun
2-5 years **£2**

10:30am - 12:30pm
Disability Multi Sports
Pontyclun
8-16 years **£3**

1pm - 3pm
Multi Sports Camp
Pontyclun
6-12 years **£3**

2pm - 4pm
Steve Tottle Taekwondo Kids Activity Club
Llanharan
6-11 years **£5**

4pm - 5pm
Family Racquet Sports
Pontyclun
8-14 years (+ family) **£2**

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WEEK 4:
11th - 14th August

Monday 11th

10am - 2pm
Ride a Bike Day
Cwm Cycling Cynon
Aberdare
All ages
FREE

10:30am - 11:30am
**Fun, Family
& Fitness**
Tonyrefail
6+ **£4.20**

2pm - 4pm
**Family Sports
Session**
Trebanog
2-12 years (+ family)
FREE

Tuesday 12th

9am - 9:45am
Sports Tots
Aberdare
2-5 years **£2**

9:45am - 10:30am
Sports Tots
Aberdare
2-5 years **£2**

10:30am - 12:30pm
**Disability
Multi Sports**
Aberdare
8-16 years **£3**

1pm - 3pm
**Multi Sports
Camp**
Aberdare
6-12 years **£3**

4pm - 5pm
**Family Racquet
Sports**
Abercynon
8-14 years (+ family)
£2

Wednesday 13th

9am - 9:45am
Sports Tots
Ystrad
2-5 years **£2**

10:30am - 12:30pm
**Disability
Multi Sports**
Ystrad
8-16 years **£3**

1pm - 3pm
**Multi Sports
Camp**
Ystrad
6-12 years **£3**

4pm - 5pm
**Family Racquet
Sports**
Ystrad
8-14 years (+ family) **£2**

5pm - 5:45pm
**Fun, Family
& Fitness**
Abercynon
6+ **£4.20**

Thursday 14th

9am - 9:45am
Sports Tots
Pontyclun
2-5 years **£2**

10:30am - 12:30pm
**Disability
Multi Sports**
Pontyclun
8-16 years **£3**

1pm - 3pm
**Multi Sports
Camp**
Pontyclun
6-12 years **£3**

2pm - 4pm
**Steve Tottle
Taekwondo Kids
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8-14 years (+ family) **£2**

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